



Tips for booking online:

1. There is a **2-hour delay for session scheduling**. Plan to book online for your EE Session at least 2-hours before your desired time.
2. If you need to **Reset your Password**, remember to check your SPAM FOLDER for the reset email.
3. ***Do not click on the Log-In button in the upper right corner of the page.*** This is only for updating your account.
4. Follow **booking instructions** below:
 - a. Click the **Book Session** button.
 - b. Click on the EE session duration you desire.
 - c. **Add additional persons** if you are bringing people with you.
 - d. Click "Next Step."
 - e. Select the **Date for Your Appointment**.
 - f. Click "Next Step."
 - g. Choose which chair or futon you wish to use: ZGR = Zero Gravity Recliner; Regular Recliner is a little wider; Futon if you want to lie down. Select **Chair** type **and Time** slot.
 - h. Click "Next Step."
 - i. If you are a **Returning Customer**, fill in Username or email and then your Password and Click "Login" button.
 - j. If you are a **New Customer**, complete all fields and click "Register Now."
 - k. Complete the checkout.
5. ***If you leave the program or refresh your screen before completing your booking, your selected time will lock-out for 15 minutes. Take a 20-minute break and return to book your desired time.**
6. If you are having difficulty, do not see the time or chair you desire, or it's after the 2-hour window, please call us at 585.383.8833 and we will help you schedule.